



BRITISH
EQUESTRIAN
FEDERATION

NEWSLETTER - Spring 2011

BEF Coaching Newsletter

Welcome to our first Federation-wide Coaching Newsletter which we will produce twice a year to bring you news and let you know of up and coming events.

The BEF established a Coaching Development Team in 2004 which underwrote the first BEF unified Coaching Strategy 05-09. The introduction of a unified coaching strategy was a massive step forward in bringing together the aims and ideals of 15 Member Bodies and 3 Associate Members. The BEF Coaching Development Action Team brings together the lead coaching officers from each. Equestrian sport has a rich heritage of international success; most recently the Great Britain team topped the medals table at the 2010 World Equestrian Games.

The British Equestrian Trade Association survey tells us that 2.1 million ride a horse once a month. At the heart of both elements of this involvement is quality coaching.

BEF Coaching Convention – October 2010

The British Equestrian Federation's Coaching Convention, for coaches and coach developers across the Federation took place on Tuesday 19th October in Warwickshire and was hailed a great success by attendees.

The day saw insights into the coaching journey delivered from great sporting ambassadors, Geoff Thompson MBE and Dame Kelly Holmes, both of whom shared their own personal experiences of coaching and competition in a packed Stareton Hall.

Dame Kelly commented on her experience; "Speaking with coaches at the BEF convention was thoroughly enjoyable and I am pleased to be involved with a NGB who recognises the true value of working in partnership for the benefit of their participants. I am looking forward to my charity continuing to work closer in the future."

The day, supported by Sportscoach UK, highlighted many different coaching styles and coaching pathways an athlete and their coach can take, brought to life by case studies from World and European vaulting Champion Joanne Eccles alongside her coach and father John; Corinne Bracken and showjumper Charlotte Platt and para-equestrian dressage rider Emma Kent with her coach Tanya Larrigan.

Suzanne Genery, Head of Sport Development at the BEF said, "Coaching requires great relationships and the Federation-wide coaching team exemplifies that. Coaches, whether they work with the most talented of horses and riders, or whether they work in the most challenging of environments are our greatest ambassadors. They touch people's lives. We hope the day recognised their worth and value and we were honoured to host an event supported by leading role models such as Dame Kelly Holmes who now gives so much back to the sporting community."

The convention opened with an inspirational keynote speech from five-times World Karate Champion, Geoff Thompson who said that sport must reflect a 'can do, must do, will do' attitude. The following workshop session allowed delegates to focus on how to develop themselves and others as coaches, through the discussion of personal development and the support structures needed to deliver this development.

Emma Atkins, Sport Director DKH Legacy Trust commented; "The BEF Coaching Convention was a superb event, full of really positive interactions between coaches from all 16 member bodies from the equestrian world. Listening to the discussions it shows what a good state coaching in equestrianism is and the attitudes in place can only lead to even greater coaching for all riders in the future. The BEF should be very proud."

World Class Performance Manager for Eventing and conference delegate, Yogi Breisner commented; "It has been a great day, with lots of inspiring ideas coming out of it. As far as a Coaching Convention is concerned it has been fantastic and thanks must go to Suzanne and her team and to UK Sport."



UK Coaching Certificate:

You will have heard much about the development of the UK Coaching Certificates in recent years. Much work has been done to develop a unified coaching framework and a UK Coaching Certificate is available in generic riding and all the equestrian disciplines at levels 1, 2 and 3. **The role of the Level 1 coach is to:** Assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision. **The role of the Level 2 coach is to:** Prepare for, deliver and review coaching sessions. **The role of the Level 3 coach is to:** Plan, implement, analyse and revise annual coaching programmes. The UKCC Level 4 is currently under development. A list of currently qualified UKCC coaches and course dates are available on the BEF website. Please contact your member body for more information in the first instance.

Around the Member Bodies:

Association of British Riding Schools:

The ABRS is pleased to announce that we have now managed to get the show on the road with the delivery of a UKCC level 2 Course that commenced 17th December '10. Ten strong candidates are forward and it is hoped they will all be of a satisfactory standard for final assessment, scheduled for 31/3/11. Our sincere thanks go to the BEF and members of the CDAT who have offered unlimited support and willingly shared knowledge, which has enabled the ABRS to progress. The ABRS values the team spirit and support network BEF membership offers and feels welcome and valued. Special thanks go to Suzanne Genery BEF, Dave Pettifor BHB, Margaret Linington-Payne BHS, Linda Haworth EQL, Pauline Brimfield BR, Jane Barker RDA and Nicola Fuller BSJA.

In the next few months the ABRS will launch the delivery of our first combined award. The UKCC level 2 award has been incorporated into the ABRS Teaching Certificate. The ABRS welcome the Coaching Certificates and feel the inclusion will complement our current Teaching Award structure bringing it in line with the evolved role of the modern Equestrian Sports Coach. Delivery programme and paperwork is currently being finalized. Potential candidates should contact the ABRS Exams/Tests number 0845 6439080 or view our website www.abrs-info.org for details of courses and assessment dates. For all other enquiries please contact janis.baron@ntlworld.com

BHS:

The British Horse Society continues to run top up courses for UKCC Level 2 and 3 for those on the BHS Register of Instructors. Level One courses are held at BHS Approved Riding Schools and a list of centres participating can be found on the BHS website. Candidates taking the PTT and Intermediate Teaching Qualifications are encouraged to register for the relevant UKCC so they are able to obtain both qualifications.

Further details can be found on the BHS website or by contacting the BHS Examinations Department on 02476 840489

British Dressage:

We have now run three Level 2 courses and we are just coming to the end of a Level 3 course with the final assessment for these at the end of March. Another level 3 will be starting soon and we are taking applicants for this now, if you are interested in joining this course please let the office know.

These newsletters will become a regular thing so make sure you are on your RDO trainers list if you want to continue receiving them.

Endurance GB:

Endurance Coaching has gone from strength to strength over the past year as the UKCC has bedded in, gained acceptance and recognition from the Management Board and the membership, and gathered interested parties along the way.

EGB now has several Level 3 and Level 2 coaches, as well as a couple of Level 1s and several of the level 2 coaches ready to start the Level 3 Programme.

Many of the coaches attended the Coaching Convention in October 2010 and all agreed that this was a positive and informative gathering, where it was very useful to speak with coaches in other disciplines, and hear from the keynote speakers.

The admin of the UKCC scheme within EGB is being changed, and the scheme will now be administered by Cindy Russell, who is EGB's Lead Assessor, and Pauline Brimson. Finance will still be dealt with through the EGB accountant Emma Miller.

In recent weeks EGB coaches have been working closely with the World Class Start and Performance Squads, as well as the Young Riders, and several of the Young Riders attended the Youth Performance Day at Hartpury under the guidance of their coaches.

EGB coaches are also going to be working with the Pony Club endurance riders over the coming months as these riders work towards their Endurance Championships later in the year.

British Eventing:

British Eventing held two Level 3 Assessment Days in 2010 – both based at the Hyslop's amazing facilities at Vale View EC near Melton Mowbray.

Following a very wet day in April when, at a local XC schooling facility, the cross country assessments more nearly resembled something run by the Amateur Swimming Association, we were grateful when August's assessment day came along that VVEC had invested in a set of cross country fences, including steps and water, on an artificial surface.

A total of nine candidates were assessed over the two days, of whom seven have now been certificated (NOT certified!) and doubtless the remaining two will be when their portfolios are submitted. Including the 2009 "lab rats", this brings the full number of BE L3 (Eventing Specialist) UKCC Coaches to twelve – Yogi Breisner, Emilie Chandler, Jonathan Chapman, Caroline Creighton, Warren Lamperd, Simon Lawrance, Caroline Moore, Sue Ringrose, Philip Surl, Nick Turner, Tina Ure and Christie Wright.

We are very proud of their hard work, perseverance and the example they set and look forward to them being joined by another handful of successful candidates this April.

Following the restructuring of its Youth Training Programmes, BE recruited 17 new coaches at the end of 2010 and, as one of the conditions of their contract was that they should undertake their L3 by the end of 2013, it looks as if BE will have a very strong backbone of talented and experienced coaches to take the sport and members into the future with the focus already on 2016.

By mid-March, thanks to the BEF, all our CE's and Assessors will have been upskilled and assessed.

British Horse Driving Trials Association:

The BHDTA have been running UKCC courses for a number of years and this is proving invaluable as we are now able to offer newcomers to the sport of Horse Driving Trials a list of qualified coaches via our website. We ran courses initially at Level 2 and have now extended this to include Levels 1 and 3.

An extensive network of experienced coaches with a recognised qualification is being created which offers the BHDTA and our affiliated clubs an excellent resource to develop the sport.

Mounted Games Association of GB:

MGA are very new into organising our coaching and the impetus for this has been the funding delivered by Sport England. We had 6 candidates go through a Level 1 course last winter. This was organised on behalf of MGA by Dave Pettifor from BHA as, at that stage we did not have our own Coach Educators or Coach Assessors. Grateful thanks to Dave for all his help in getting us going!

British Horseball Association:

Dates New UKCC Horseball Courses Commencing:
February 13th 2011 UKCC Level 2
February 20th 2011 UKCC Level 2
February 27th 2011 UKCC Level 1
March 2011 UKCC Level 3

Contact Dave Pettifor Arkenfield_racingservices@btinternet.com
Update on our new UKCC Coach's.

Level 1 Horseball Coach Alex Hatton who starts his Horseball Level 2 in February has also just completed his dressage UKCC Level 2 this year. As well as being a regular member of the Horseball Team GB Squad, Alex is also lucky enough to compete in affiliated dressage with his other horse and hopes to be able to continue to do both.

Jo Colliver, another UKCC Level 1 Horseball coach joins Alex to start his UKCC2 in February. Jo plays along side Alex in the GB Squad and has, also started having success in his racing career with 2 wins as a conditional jockey already this year. This should prove interesting for him as racing is now becoming involved with UKCC.

BHA Coach educator Dave Pettifor has been invited to the Nottingham Sports Awards this February to receive a trophy that he actually won last year 2010

UKCC Level 2 Horseball candidates and members of the International Squad put forward's Dave's name for the award in recognition of his work for Horseball on the BEF Coaching Development Action team and work with individuals on the 3 International Squads. The invitation to attend the 2010 awards had to be declined due to a long term arrangement to visit Australia so Dave had no idea until invited again this year, that he had won an award – so a nice surprise!

Horsescotland:

Over the last two days (15th & 16th February), at Ingliston Country Club Bishopton, we have held the first Scottish Qualification Authority (SQA) UKCC Generic Level three assessment days in Scotland. Over the two days all candidates were assessed in all three phases, with Anne Tezer assessed the dressage, Di Lampard the Showjumping and Les Smith the Cross Country.

All the coaches have experienced a positive journey since starting the course back in March 2009 with has really raised the standard of coaching in Scotland.

A massive thank you has to go to all those that have been guinea pig riders not only at the assessment days but also at all the nine training days within learning programme. Everyone really appreciates you giving up your time, as without your help the coaches wouldn't have been able to have had as much practical experience in the different disciplines.

A massive congratulation's has to go to Aileen Craig, Andrew Wilson and Sandra Low-Mitchell on becoming UKCC Generic Level three Coaches.

Interested on becoming a UKCC Coach:

Forthcoming UKCC Courses
Easterton Equine Activities Club
Level 1 May 16th & 30th
Level 2 March 12th, 26th & April 9th further date tbc
June 6th, 13th & 20th further date tbc

Hooves & Paws

Level 1 April 4th & 11th

Hayfield

Level 1 April 12th & 15th
Level 2 March 18th & 21st, April 21st & 26th

For more info on the qualifications or courses please go to the website www.horsescotland.org or contact the horsescotland office.

UK Polocrosse Association:

Polocrosse is forging ahead with UKCC qualifications this year. Our level 2 guinea pigs have completed the course and final portfolio submissions are awaited. The snow held up our 7 level 1 candidates who were to be assessed on 20th December, this has unfortunately had to be postponed until April when hopefully all 7 will be on track to pass.

We have a number of level 1 and level 2 courses planned for spring and by the middle of March over 30 candidates will hopefully have passed their ESFAC training and be ready to start. Requests for coaches from Pony Clubs, Riding Clubs and Riding School are increasing as the sport becomes more widely recognised and the UKPA is anxious to provide UKCC qualified coaches to promote and grow Polocrosse in the UK.

The Pony Club:

UKCC qualifications are now proving extremely popular within The Pony Club for both senior Members and instructors.

To help us develop the coaching skills of our instructors, The Pony Club have been running UKCC Level 1 and 2 courses alongside our own introductory and refresher coaching courses. The UKCC qualifications are also complementing our new Pony Club Coaching Certificate.

British Reining:

British Reining are currently in the process of completing their second wave of UKCC Level 3 both in Advanced Western Riding and Reining. Courses are regularly held by Pauline Brimson in Kent for all levels. Our competition season is due to commence in April so the coaching courses will slow down and will recommence in the Autumn with all levels being assessed.

Riding for the Disabled Association:

RDA is now offering UKCC qualifications at all three levels. We recently completed our first UKCC Level 3 course with great success – a further Level 3 course is planned for later this year. Over one hundred candidates per year are taking advantage of accessing the UKCC qualification through RDA and allowing many of our riders to benefit from the additional skills these Instructors are gaining. RDA have built up a very dedicated and loyal team of Coach Educators and Assessors ensuring that our courses are accessible to as many Coaches as possible throughout the UK.

Details of all courses, Assessments and training days will appear on our website or contact RDA National Office for further details.

British Showjumping:

UKCC Level 2 courses

Course 4 – Wales and West Midlands (Venue TBC)

19th and 20th September 2011

24th and 25th October 2011

Coach Educators – Pat Crann and Susie Gibson

Course 5 – East / East Midlands (Venue TBC)

26th and 27th September 2011

31st October and 1st November 2011

Coach Educators – Philippa McKeever and Sally Thurloway

Course 6 – South / South West (Venue TBC)

3rd and 4th October 2011

7th and 8th November

Coach Educators – Lynne Bevan and Pat Crann

The UKCC within British Showjumping has developed over the last four years, where we have gained over 100 new coaches at both level 2 and 3. Here are some comments from some of our participants;

Dale Burnham - *"The UKCC level 2 course has provided me with a very useful understanding of coaching & questioning techniques to enable me to get the most out of the horse & rider." "I found the course very useful, working along side others bouncing ideas off other candidate coaches whilst incorporating experiences from others."*

Warren Lamperd - UKCC Level 2 and 3 coach, British Showjumping and British Eventing.

"The UKCC qualification made me think and understand more about my coaching techniques whilst giving me the opportunity for further professional development, which has encouraged me to undertake a Masters Degree in Coaching Science."

If you would like any information regarding the UKCC Level 2 or 3 within Showjumping please contact Michaela Darby on 02476 698828.

British Equestrian Vaulting:

BEV are committed to the principles and practice of UKCC and are in the process of providing opportunities for all coaches to attend our annual Coaching Conference where one of the key speakers will be John Eccles, coach to daughter Joanne, our newly crowned World GOLD medal winner. John, BEV's CDAT representative will also be one of the tutors delivering sessions to new and nearly new coaches as the growth of our sport continues to increase with the support of the Sport England funding via the BEF.



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