

BEF UKCC Level 4 Qualification - Professional Practice in Sport Coaching

2019 Information and application process

Introduction and Background

The British Equestrian Federation (BEF) and British Rowing are working with the University of Gloucestershire to deliver the UKCC Level 4 Coaching Qualification. The course consists of a bespoke programme, which has been developed specifically for both sports. The syllabus of professional education is intended for *high performing*¹ coaches with significant experience who have already completed the UKCC Level 3 (or equivalent) qualification.

The UKCC Level 4 Coach

The Level 4 Coach is expected to have considerable experience in their coaching environment. However, whilst the Level 4 qualification is designed for 'high performing' coaches, it is not exclusively for those coaches working in a 'high performance environment'. Those who are high performing in other environments are encouraged to apply. For example, this might include coaches who are primarily working with adults in a participation environment or coaches primarily coaching young athletes.

The Vision for a UKCC Level 4 Coach:

UKCC Level 4 Coaches will be visionary and knowledgeable decision makers who display exceptional skills, behaviours and the highest professional and ethical standards. They will advance their own and others development, lead cutting-edge programmes, or a specialist part of a programme, and make a positive impact on sport performance and behaviour.

For coaches to be successful at this level, they will need to:

- Develop as highly motivated active learners
- Be able to work autonomously and manage their own learning process
- Take responsibility for identifying their own learning needs and aspirations

The Combination of UKCC and Postgraduate Diploma Qualifications

The BEF UKCC Level 4 Qualification incorporates the opportunity for coaches to gain a Postgraduate Diploma (PG Dip) in Professional Practice in Sport Coaching and is designed to support and credit learning within the workplace. Forming an integral part of the UKCC Level 4 qualification for high performing coaches, the PG Dip element has been created around work-based learning (WBL) modules that are focused on the skills, knowledge and understanding needed to develop professional practice, as well as the ability to manage academic learning.

Please note: The BEF will be the awarding body for the UKCC Level 4 Qualification, whilst the PG Dip element of the course will be awarded by the University of Gloucestershire.

Using a range of work based learning situations the PG Dip course enables coaches to explore coaching practice through the rigour of academic learning, blended with the experience of coaching. The structure of the programme provides the opportunity to develop critical thinking about coaching and to impact on personal coaching behaviours.

¹ High performing refers to coaching ability and not the performance context in which the coach is working. Coaches have the capacity to be *high performing* in a recreational environment as well as elite competition environments.

There is also an opportunity for coaches to add on a third year, to gain a Masters qualification with the University of Gloucestershire. This would be at an additional cost.

Course Outline and Commitment

The programme runs over two years, with the course commencing in September 2019 and concluding with a final panel presentation for completion in November 2021.

The PG Dip Course consists of eight taught days (plus induction) per year, arranged in a combination of one and two day blocks. These are scheduled to take place in October, November, January, February, March and April. In addition to these days, the programme will include on-line webinars, one to one tutor support, project work and field based visits in your coaching environment from both University and mentors.

The following modules are covered during the PG Dip course programme:

- Coach Development
- Continuous Professional Development
- The Expert coach in a High Performing setting
- Work Based Project

The 'BEF level 4' element of the programme requires coaches to maintain a reflective log over the period of the programme. The purpose is to record the impact of personal development on coaching practice. The log will combine reflections of the PG Dip learning on personal development, feedback from two 360 reviews, two field based visits and input from a technical mentor. In addition there will be opportunities to attend coaching conferences and workshops outside of the PGDip.

Coaches will be required to identify a 'technical' sport based mentor, with considerable expertise in both the equestrian discipline and the context in which the Coach is working. The mentor must be approved by the relevant BEF Member Body as appropriate for this role.

Coaches will be required to evidence the nature of their high performing coaching activities in specific contexts or environments. For 2019, these have been identified as follows:

- 12 & Under
Riders up to the age of 12 of all abilities from learning to ride, to training, to competing.
- 13 to 18
Teenagers of all abilities, from learning to ride*, riding* for pleasure, to training and competing outside of talent programmes.
- Adult participation
Adult participation riders over the age of 18 of all abilities. Learning to ride to riding for pleasure, training and competing for personal wellbeing and personal goals at a range of levels.
- Adult Competitive
Adult competitive riders, riders over the age of 18, with a focus on being competitive against others. These riders will ride and train with the aim of competing successfully and moving up the levels.
- Performance Development.
Performance development riders who are identified for the talent path way programme and squads working towards senior elite performance.

- Elite Performance

Elite performance riders who are representing their country.

- To make this easy to read “riders” include carriage driving and vaulting activity.

Entry Pre-requisites.

Coaches will be required to demonstrate the following:

- Hold the UKCC Level 3 or recognised equivalent qualification
- Recognition as a “high performing” Coach in a specific environment and a minimum of 5 years’ experience demonstrating high performing characteristics aligned to the level 4 criteria. On request, two references who are able and prepared to verify the coach’s expertise and experience.

As part of the full application process, it will also be necessary to demonstrate that:

- Coaches can provide a range of evidence of on-going professional development
- Coaches can provide evidence of their current “high performing” coaching practice
- Coach employ an athlete centred approach to their coaching
- Coaches are capable of holding an ambassadorial role in equestrianism
- Coach can identify a mentor who will support with specialist, sport based, “technical development”

Enrolment will take place annually (dependent on numbers of applicants)

Course Costs.

Course fees for the UKCC Level 4 Qualification, including the Postgraduate Diploma, total £5,250 which will be split into two annual fees. The first year payment of £3,000 will be due in September 2019, with the second payment of £2,250 due in September 2020.

Coaches may eligible for support from their County Sports Partnership or other grant-aiding organisation. Previous level 4 coaches have been successful in achieving grant contributions towards their level 4 fees.

How to Apply.

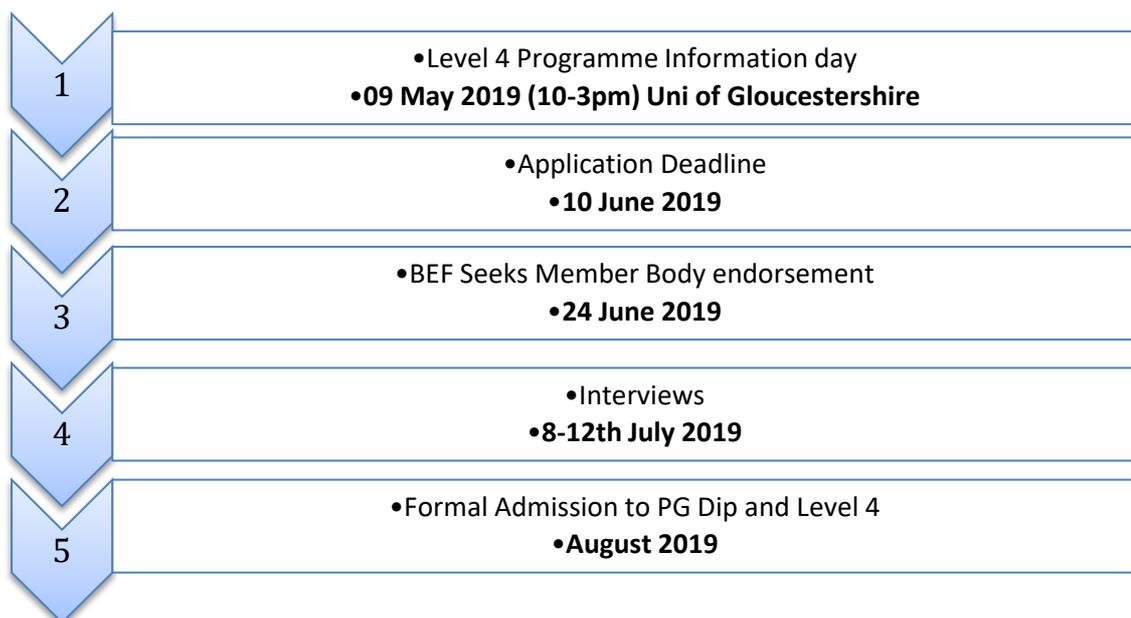
Applications should be completed on the appropriate form and be returned

by email to : participation@bef.co.uk

by post to : UKCC L4 Applications
British Equestrian Federation
Equestrian House
Abbey Park
Stareton,
Kenilworth
Warwickshire
CV8 2RH

Note closing date for applications is **10 June 2019**. As part of the application assessment the applicant's Member Body will be consulted to seek an endorsement. Suitable applicants will be invited to Interview on the week beginning **8th July 2019**. A timeline for applications and interviews is shown below along with workshop dates.

Application Process 2019



2019/20 PGDip and Level 4 dates	
Year 1 (2019 intake)	
Level 4 Introduction	17 th September 2019
Induction	October 2019 Oxstalls campus
SP7509 Expert Coach	October 2019 Oxstalls Campus
SP7508 Coach Development	November 2019 Venue TBC
SP7509 Expert Coach	January 2020 Venue TBC
SP7508 Coach Development	February 2020 Venue TBC
SP7509 Expert Coach	March 2020 Venue TBC
SP7509 Expert Coach	May 2020 Venue TBC